Full First aid protocol
Preserve Life
Prevent worsening
Promote Recovery
Danger
Self, Team Victim
Check and remove any dangers
If you cant remove dangers, await specialist help
Response
Try to get a response, a responding patient is better than unconscious
A.V.P.U
Talk to patient
Response
No Response
Shout for help
Airway
Check for Blockages
Mouth Sweep
Extend
Jaw thrust
Head tilt
roll body
Breathing
Look Listen feel, 10 seconds
Breaths, chest rising, smell,
No Breathing
Send help to call ambulance, come back with defib
CPR
Don't Stop
30:2
1/3 chest depth
120 BPM
Yes Breathing
Circulation
Pulse
Colour changes
Catastrophic Bleeds
Deformity
Secondary Survey
Recovery Position
Bleeding
Mechanism of Injury
History
Evacuation
Explain to parents
Recommend hospital visit
Ambulance
stretcher
mountain rescue
F
Fill in incident forms
Fill in accident Forms
Fill First aid kits